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# **Update to Reading Borough Council's Health & Wellbeing Board – 27<sup>th</sup> January 2017**

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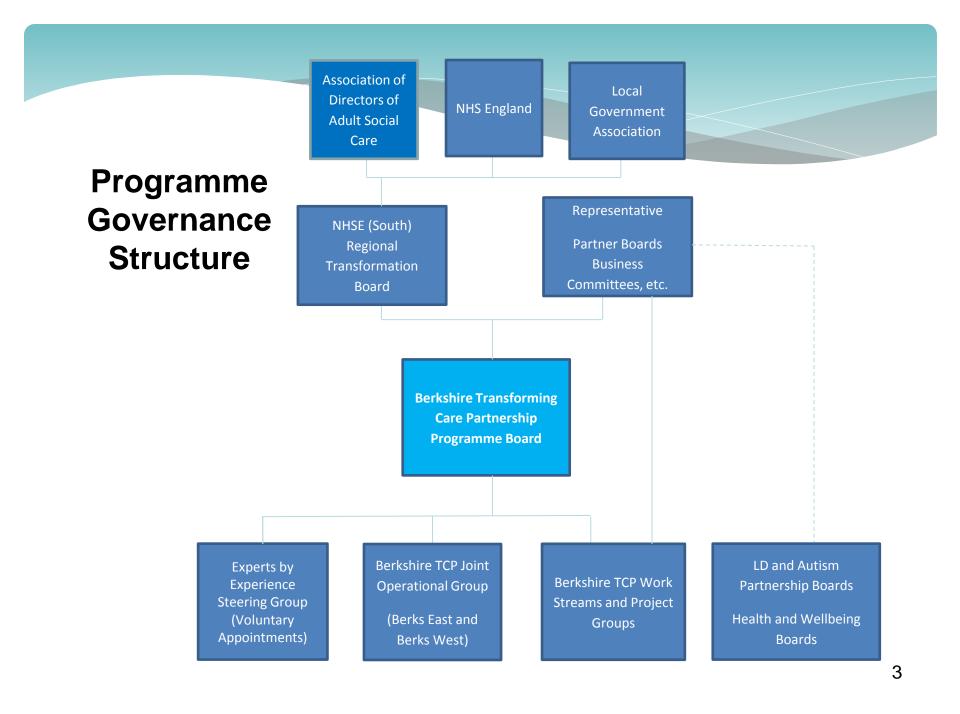
#### Introduction

The Berkshire Transforming Care Partnership Board hold a shared vision and commitment to support the implementation of the national service model to ensure that children, young people and adults with learning disabilities, behaviour that challenges and those with mental health and autism receive services to lead meaningful lives through tailored care plans and subsequent bespoke services to meet individual needs.

#### **Berkshire Transforming Care Plan has 4 big aims:**

- 1. Making sure less people are in hospitals by having better services in the community.
- 2. Making sure people do not stay in hospitals longer than they need to
- Making sure people get good quality care and the right support in hospital and in the community
- 4. To avoid admissions to and support discharge from hospital, people will receive and be involved in a Care and Treatment Review (CTR)

Dedicated web page with links to the TCP plan and Easy Read version - <a href="http://www.wokinghamccg.nhs.uk/berkshire-transforming-care-partnership">http://www.wokinghamccg.nhs.uk/berkshire-transforming-care-partnership</a>



## **Work streams and Project Groups**

#### **Work Streams (Themes)**

- 1. Demand and Capacity
- Market Shaping Housing and Care Providers
- 3. Inpatients
- 4. Intensive Support Team
- 5. Communications and engagement
- 6. Children and Young People
- 7. Workforce Development and Culture
- 8. Co-Production
- 9. Joint Commissioning and Integration
- 10. Risk Management
- 11. Programme management
- 12. High Impact Actions

#### **Project Groups:**

- Finance and Activity
- 2. Housing and Accommodation
- 3. Autism
- 4. Intensive Intervention Service
- 5. Employment and Occupation
- 6. Health and Social Care Workforce
- 7. Berks East Capital 'Home' Project
- 8. Co-production (People's Voice Service)
- 9. Experts by Experience Steering Group
- 10. Primary Care



### **2016 TCP Achievements**

- Regular TCP Briefings to all partners and communication teams to keep them up to date with national and local news
- Secured 2016 2017 funding from NHS England for Shared Housing provision in Royal Borough of Windsor and Maidenhead for up to three individuals from across Berkshire with complex LD and challenging behaviours
- Developed a health focused Shared Lives Programme business case and plan for the roll out across Berkshire over the next three
  years
- Secured funding 2016 2018 from Department of Health for 10 x Hold Ownership Schemes for people with Long Term disability
- Berkshire Healthcare NHS Foundation Trust (BHFT) suspended the specialist inpatient health service provided at Little House, Bracknell, in order to ensure the quality and safety of the learning disability inpatient services
- TCP Programme Board has reviewed BHFT plans for the roll out of an Intensive Support Team
- Developed a repatriation timetable for NHS England specialist commissioned patients and Clinical Commissioning Group (CCG) out of area placements
- Merged Berks East and West TCP Operational Groups to create resource efficiencies
- Co-opted Carer and Family Experts by Experience into the programme on Voluntary Appointment Contracts, as members of the Finance and Activity Project Group, Capital 'Home' Project Group, and TCP Board, with further appointments planned in 2017
- Commenced Experience Based Co-Design Project with Point of Care Foundation weekly BHFT led group with service users
- Finance & Activity Project Group established responsible for identifying opportunities for pooled budgets and resources
- High Action Priorities agreed by Joint Operational Group autism, substance misuse and personality disorders
- Finalised the specification to go to market for Co-Production Service and Communications and Engagement Resources (funding stream in 2017 to be identified)
- Undertaken a desk top gap analysis of local authority LD and ASD strategies and, reviewed capacity and demand projections until 2019, to inform prioritizing of the work plan for 2017/18
- Developed a TCP milestone plan for all project group for 2017/18 and 2018/19, with agreed outcome measures that will be used by the Expert by Experience Steering Group to assess progress against the plan
- Started to map local authority and CCG work streams already in place for Children and Young People, to avoid duplication in work
- Developed an assurance framework for commissioners and service users to assess workforce competencies and behaviours in provider organisations

## (1) 2017/18 TCP Programme Plan Overview

Work streams and group responsible for leading the work	2017/18 Q1	Q2	Q3	Q4
Finance & Activity (Project Group)	Review inpatient block contract and IST financial model     New opportunities for joint Commissioning arrangements defined and plans developed to implement, and cascaded to TCP Partners for consideration and feedback	<ul> <li>New opportunities for pooled budget arrangements developed and cascaded to TCP Partners for consideration and feedback</li> <li>Capacity and Demand Stock take of TCP projections completed</li> </ul>	New joint commissioning arrangements implemented ready for 2018/19     Reduce the number of separate funding streams that users have to access	New opportunities for pooled budgets arrangements implement ready for 2018/19     Capacity and Demand Stock take review
Heath & Social Workforce (Joint Operational Group)	Agree core LD and ASD workforce structures in local authorities to retain expertise     Standardise local workforce tool kits across all local authorities     Start recruitment of shared lives staff and carers in Berks East (subject to business case approval)	Hold workforce event with health and wellbeing partners and providers to develop new ways to recruit and retain LD and ASD skilled and specialist staff     TCP Carers by Experience (Expert by Experience Steering Group) partner with two care providers and use Berks TCP Workforce Assurance Framework to check staff competencies and behaviours	Start training of Shared Lives Carers in Berks East     Match Service Users and Shared Lives Carers     Start to develop career progression structures for public sector staff in line with private sector	Develop training modules for primary care and third sector staff on LD and ASD. Linked to Autism and CYP work streams     TCP Carers by Experience (Expert by Experience Steering Group) partner with two care providers and use Berks TCP Workforce Assurance Framework to check staff competencies and behaviours
Housing & Accommodation  (Joint Operational Group)	Transition of up to three clients into RBWM Secured Tenancy Property as part of Berkshire East Capital Home Project Share learning from Capital Home Project Berkshire wide to inform 2017/18 capital bid submissions	<ul> <li>Establish Berkshire wide housing list for people with short, medium and long term LD needs</li> <li>Share learning from Reading and Slough local authority HOLD Schemes to roll out to other localities to enable up to 6 people to buy their own home</li> </ul>	Share learning from Slough local authority housing technology schemes to roll out to other localities to enable more people to access technology grants in 2018/19	Review and align local authority strategies and build capital business cases to access NHSE and DoH grants in 2018/19
Autism (including Children and Young People) (Project Group)	<ul> <li>Develop joint commissioning standards around age. Cascade to TCP Partners for consideration and feedback.</li> <li>Align work stream objectives with Thames Valley Network, Future in Mind and SEND Groups to avoid duplication on priorities</li> </ul>	Develop informational sharing criteria across education and health for LD and ASD people at high risk of admission . Cascade to TCP Partners for consideration and feedback.     Implement joint commissioning standards Berkshire wide	Develop training and support tools for: Health Visitors, GPs, Paediatrics, Perinatal Mental Health- SPA (CPE)     Implement informing sharing standards Berkshire wide across health and education	Increase access to Pre-Assessment Specialist Support

## (1) 2017/18 TCP Programme Plan continued

Work streams and group responsible for leading the work	2017/18 Q1	Q2	Q3	Q4	
Market Shaping (Joint Operational Group)	Review results of ADASS South marking scoping exercise to inform the development of a range of marketing management exercises across TCP partners to increase the utilisation of local authority and CCG resources  Establish links with Thames Valley Network for Forensic Pathways to ensure alignment  Develop programme plan for High Impact Actions: Respite Care, Day Centres, Residential Living Accommodation, Independent Living Schemes	Undertake a strengths based review of LD and ASD provision with providers to identify where 'high needs register' of service users needs are not matched to local supply (sharing the results with all TCP partners and groups)	Review CYP in transition plans Cascade recommendations to TCP Partners for opportunities to implement joint procurement exercise for housing and workforce providers for consideration and feedback	Implement joint procurement exercises ready for 2018/19	
Inpatients (TCP Board and BHFT Board)	<ul> <li>Ongoing monthly review throughout year for:</li> <li>Specialist Commissioning Care and Treatment Review Timetable and outcomes</li> <li>CCG commissioned beds in Berkshire and Out of Area – timetable and outcomes</li> <li>BHFT Assurance reports on admissions and discharge planning</li> <li>Children and Young People in 52 week placements and transition</li> </ul>	Reduce OOA adult placements to 25     Community transition arrangements in place to avoid inappropriate admission to hospital and support timely discharge from hospital	Reduce OOA adult placements to 20     Community transition arrangements in place to avoid inappropriate admission to hospital and support timely discharge from hospital	Reduce OOA adult placements to 18     Community transition arrangements in place to avoid inappropriate admission to hospital and support timely discharge from hospital	
Intensive Intervention an d Support (CCG Commissioners and Joint Operational Group)	<ul> <li>Monitor and manage transition arrangements in the community due to the consolidation of inpatient services at Campion Unit, Prospect Park from March 2017</li> <li>Decommissioning of beds at Little House as part of block contract</li> <li>Commissioning of new</li> <li>Phased recruitment of staff to the Intensive Support Team Service</li> <li>Phased roll out of Intensive support team by milestone date October 2017 (TCP Board ambition)</li> </ul>				
Employment & Occupation (Project Group)	<ul> <li>Project Group established with</li> <li>Undertake stock take to review employment and occupational opportunities Berkshire wide</li> <li>Identified barriers and solutions to remove those practical barriers that disabled people face in work, such as provision of specialist aids and equipment in the workplace, a communicator, support worker, travelling costs, etc.</li> </ul>	Work with service user advocacy groups and Partnership Boards to identify where there are gaps in service provision     Create Berkshire wide on-line directory for work-based supported employment, work preparation training and work related job experience	Align local authority strategies to increase social inclusion and skills     Hold an event for voluntary services to promote a directory of services	Build infrastructure in local authorities to support employers and disabled people accessing employment of > 16 hours     Build support to enable people to undertake work trails in actual job vacancies	
Communications & Engagement (TCP Board)	<ul> <li>Commission 'People's Voice Service' (Co-production)</li> <li>Commission Communications and Engagement resources to support programme</li> <li>Publish quarterly TCP briefing to partners</li> <li>Expert by Experience Steering Group established, chaired by Service User and LD and ASD Clinician(s)</li> <li>Experts by Experience Steering Group review progress against the milestone plan and make recommendations to the TCP Board on behalf of service users of where improvements need to be made service users during the changes</li> </ul>				
Primary Care (Joint Operational Group)	Workstream established with PHE and Carer Expert by Experience involvement     Undertake stocktake to make sure all people with LD and ASD have annual physical health check; and quality of checks improved     Align project group with CYP and SEND work streams Berkshire wide	Campaign to promote STOMPwLD best practice started	Campaign to reduce inequalities in access to oral care started	Campaign to reduce inequalities in access to diabetes services started	

## (1) 2018/19 TCP Programme Plan Overview

Work streams and group responsible for leading the work	2018/19 Q1	Q2	Q3	Q4		
Finance & Activity	Identify opportunities for pooling commissioning resources across health and social care	Capacity and Demand Stock take		Capacity and Demand Stock take		
Heath & Social Workforce	Expand Shared Lives Scheme to local authorities Berkshire wide	Facilitate providers in developing an 24/7 occupational health model and peer support network for staff	Facilitate providers in developing a 'salary retention incentive' to reduce turnover/sickness absence rates	tbc		
Housing & Accommodation	Shape private rented sector market place	Identifying sites for new purpose built units	Expand domiciliary care and short stay residential breaks provision	tbc		
Autism	Introduce Autism Support Navigators in health and education	Establish social communication and friendship groups for all ages	Increased access to ADS services for youth offending providers	tbc		
Market Shaping	Align milestones to activities in workforce, housing accommodation and employment and occupation work streams		tbc	tbc		
Inpatients	Repatriation Programme continues	Reduce OOA placements to 16	Reduce OOA placements to 14	Reduce OOA placements to 12		
Intensive Support Team	Intensive Support Team in place Monday to Friday 0900 – 1700hrs	Start to implement plans to increase services 24/7 in line with capacity and demand projections forecast by Finance and Activity Group	tbc	tbc		
Employment & Occupation	Implement supported employment models in partner organisations with partners leading by example	tbc	tbc	tbc		
Communications & Engagement	<ul> <li>Experts by Experience Steering Group review progress against the milestone plan and make recommendations to the TCP Board on behalf of service users of where improvements need to be made</li> <li>Steering Group uses to Benefit Realistion criteria to monitor health and quality outcomes of service users during the changes</li> </ul>					
Primary Care	Campaign to reduce inequalities in access to nutrition education and sport activities	Campaign to promote access to cancer services	tbc	tbc		

## (1) TCP Programme Outcomes

(approved by TCP Board November 2016)

#### **Outcomes: Benefit realisation Financial and Operational Health and Quality Activity Outcomes** Outcomes Reduction in High Cost placements ✓ Placements near families and Reduction in ATU beds purchased communities Improve capacity ✓ Pooled resources ✓ Improved care planning for CYP in ✓ Increase in the number of people receiving. and demand transition direct payments or personal managed budget ✓ Users and carers in control of their plans Reduced waiting times for psychiatric referrals ✓ Reduced length of stay ✓ Reduction in High Cost placements Prevent Hospital ✓ Reduction in avoidable admissions ✓ Reduction in ATU beds purchased admissions ✓ Reduced readmissions ✓ Pooled resources ✓ Increased competition, increased VFM Shape the Housing ✓ Repatriation of high cost OOA placements ✓ Placements near families and ✓ Increased Shared Ownership models Market ✓ Secured tenancy arrangements ✓ Engagement in community activities ✓ Pooled budgets arrangements ✓ Reduction in avoidable admissions ✓ Sustainability of providers ✓ Improved access to crisis and respite ✓ Pooled resources for market management Shape the Care ✓ Improved physical health and wellbeing ✓ Sustainable workforce models Market ✓ Increased pool of specialised skills √ 100% of people have an up to date Improve Care personalised care plan ✓ Reduction in OOA placements to specialist units ✓ Improvements in life skills ✓ Reduced admission to ATU beds ✓ Engagement in community activities ✓ Improved physical health and wellbeing ✓ Reduction in placement breakdowns Improved user and carer experience Increase and ✓ Improvements in life skills ✓ Reductions in ATU admissions promote community ✓ Interactions and improved friendships ✓ Practices, care and support pathways within mainstream primary and secondary NHS services and networks are 'reasonably adjusted' ✓ Improvements in physical and mental ✓ Reduction in healthcare costs health and wellbeing ✓ Reductions in anti-social or 'offending' hehaviour Reduction in High Cost placements Greater access to ✓ Improvements in physical and mental. ✓ Reduction in ATU beds purchased autism services health and wellbeing ✓ Pooled resources ✓ Improvements in access to specialist

**Primary Care** 

✓ Increased number of people on GP LD and ASD

✓ Improved education and training of staff

✓ Reduction in long term health care costs

✓ Increased capacity in Home from Hospital

√ 100% of people with LD have annual health plan

✓ Reduction in diabetes, heart condition, cancer services, etc.

✓ Improved access to health services

## **Intensive Support Team**

All TCPs nationally are looking to commission a new service model in the community called an Intensive Support Team (IST) or Intensive Intervention Service.

An Intensive Support Team will provide proactive community based support for people with a learning disability and/or autism who have associated mental health needs and/or present with behaviour that can challenge. Offering support to people in their own homes and preventing in-patient admissions where possible, the IST will provide access to specialist health and social care support.

The service will use intensive, safe, responsive and non-invasive strategies, including Positive Behaviour Support (PBS).



Focusing on improving a person's quality of life and reducing behaviours that pose a risk to self and others, the Team will provide intensive support that is person-cantered on the needs of the individual and their families.

In conjunction with social care teams, the IST will minimise the risk of people with learning disabilities being taken into specialist inpatient health services for assessment and treatment (unless clinically warranted).

The TCP Board is currently in the process of drafting a service specification for the IST. The TCP Board will update partners on progress following the February Board meeting.